

Diabetes Update Course



Course information

This course is designed for clinicians with an existing knowledge of the diagnosis and management of type 2 diabetes. Type 2 diabetes is a condition where complications, including chronic kidney disease and cardiovascular complications, can cause significant morbidity and mortality. The focus of the course is on recognising how appropriate, evidence-based interventions can both prevent complications and reduce the impact of any existing complications on quality of life and the use of healthcare resources.

Learning Outcomes

By the end of this course, attendees will have an increased knowledge of:

- The pathophysiology of diabetes and its complications, including cardiovascular disease, diabetic kidney disease and heart failure
- How to identify those at increased risk
- The evidence-based approach to lifestyle interventions which reduce complication risk
- The pharmacological management of diabetes, focusing on medication which is known to reduce complication risk
- Treating hypertension and dyslipidaemia in people with diabetes
- The use and interpretation of biochemical tests to monitor complications

Outline content

The course is divided into 6 sections with specified learning outcomes for each. The sections are mapped to relevant national and international guidance.

The on-line learning materials include a case-study based approach, using narrated power-point sessions, guided learning activities, links to further relevant information and reading, there are knowledge checks at the end of each section.

At the end of the course there is a final knowledge check summing up the learning from the course and the 'Ask the tutor' facility.

Online course details

Course Provider	Course Length	Access
Rotherham Respiratory	7.5 hours	1 month to complete

To apply for this course please complete this [application form](#)