

# Heart Failure Advancing Care Course



## Course information

It is estimated that there are 920,000 individuals living with chronic heart failure in the UK. With improvements in the survival of people following a heart attack; development of effective treatments for heart failure; an increasingly aging population, it has never been more important for health care professionals to have a good understanding of the management of this condition. This course is aimed at providing easily accessible, up to date, information on the key issues in heart failure. You will be led through a series of topics that form the essentials of heart failure management and consider aspects of the provision of care in a variety of health settings. The topics are aligned to the recently published heart failure nurse competencies (January 2021) ranging from how to investigate suspected heart failure through to the role of the multi-disciplinary team in facilitating self-care. The well received format of short presentations and guided activities will be enhanced through a series of case studies that focus on application to practice and consideration of co-morbidities. Your learning experience will be supported with opportunities to assess your progress with the use of the 'knowledge check' activities at the end of each section. This peer reviewed course has been developed by an experienced heart failure clinician dedicated to improving patient care through research and education. By participating in this course, you will enhance your knowledge and skills in heart failure management and strengthen the evidence-based care you provide to this patient group.

## Learning Outcomes

- Recognise the impact of CHF on the individual and society
- Understand the diagnostic pathway in CHF and its impact on patient care
- Identify the main therapeutic options in managing CHF including key indications and contraindications to therapy
- Consider the impact of co-morbidities on management of heart failure
- Identify the key aspects to a heart failure patient review
- Understand the role of palliative care in the management of CHF

## Outline content

- Definitions of heart failure
- Pathophysiology of heart failure
- Signs and symptoms of heart failure
- Diagnosing heart failure: clinical examinations and tests
- Pharmacological treatment of heart failure: First line therapy
- Pharmacological treatment of heart failure: Second line therapy
- Managing fluid congestion in heart failure
- The kidneys in heart failure
- Device therapies
- Cardiac Rehabilitation and self-care
- Reviewing a heart failure patient
- The role of palliative care in heart failure
- Putting it into practice: case studies

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## Online course details

Course Provider	Course Length	Access
Rotherham Respiratory	45 hours	4 months to complete

To apply for this course please complete this [application form](#)