

## Course information

It is estimated that there are 920,000 individuals living with chronic heart failure in the UK which amounts to around 1.6% of the population. Most healthcare professionals working in the adult sector are involved in the provision of care to this patient group.

This course is aimed at providing easily accessible, up to date, information on the key issues in heart failure. You will be led through a series of topics that form the foundation of heart failure management, ranging from how to ensure an accurate diagnosis through to tips on self-management and the use of the most appropriate medication regimes.

A carefully designed programme of presentations and guided activities will enhance your learning experience supported with opportunities to assess your progress with the use of the 'knowledge check' activities at the end of each section.

The course has been developed by an experienced heart failure clinician dedicated to improving patient care through research and education. By participating in this course, you will enhance your knowledge and skills in heart failure management and strengthen the evidence-based care you provide to this patient group.

## Learning Outcomes

- Recognise the impact of CHF on the individual and society
- Understand the diagnostic pathway in CHF and its impact on patient care
- Identify the main therapeutic options in managing CHF including key indications and contraindications to therapy
- Identify the key aspects to a heart failure patient review
- Understand the role of palliative care in the management of CHF

## Outline content

- Definitions of heart failure
- Pathophysiology of heart failure
- Signs and symptoms of heart failure
- Diagnosing heart failure: clinical examinations and tests
- Pharmacological treatment of heart failure Part 1: First line therapy
- Pharmacological treatment of heart failure Part 2: Second line therapy
- Device therapies
- Cardiac Rehabilitation and self-care
- Reviewing a heart failure patient
- The role of palliative care in heart failure

Blended learning sections include video presentations, guided learning activities, regular formative knowledge checks and a final summative assessment.

# COPD Foundation Course



## Online course details

| Course Provider       | Course Length | Access               |
|-----------------------|---------------|----------------------|
| Rotherham Respiratory | 15 hours      | 2 months to complete |

To apply for this course please complete this [application form](#)